The Identification of Gray Heron

Nick Lethaby* and Ian A. McLaren†

n the recent *Birding* series on potential new birds for the ABA Area, Gray Heron *Ardea cinerea* featured in both the Northeastern Atlantic and Western Alaska summaries as a candidate for future vagrancy (Petersen 2000, Tobish 2000). For many birders, these articles introduced an essential question: If I saw a Gray Heron in North America, would I recognize it?

*6807 Sweetwater Way Goleta, California 93117 nlethaby@ti.com NL began birding at the age of 11 in the UK. He has lived in the western U.S. since the late 1980s. Primarily interested in Holearctic avifauna, he has traveled widely, including a score of trips to Japan, Korea, and China since 1991.

†Biology Department
Dalhousie University
Halifax, Nova Scotia B3H 4J1
iamclar@is.dal.ca
IAM is George Campbell Professor
Emeritus of Biology at Dalhousie
University. His major research has been
on the biology of marine zooplankton
and seals, but birds have been a lifelong distraction.

Figure 1. Here is an adult Gray Heron in breeding condition in Kenya in October 1998. In peak breeding condition, Gray Herons acquire bright vermillion color to the legs and most of the bill. This color is brighter and more intense than shown by most Great Blue Herons. The lores are bi-colored, with the area closest to the eye being a dark navy blue, darker than on Great Blue Herons in breeding condition. The lores closest to the bill are similar in coloration to the bill base. Although this photo was taken in Kenya, the plumage appears identical to birds from more northern populations.

The fact that Gray Heron has been a vagrant to the West Indies (Raffaele et al. 1998), irregularly recorded at Montserrat, Martinique, and Barbados, and has been the object of two interesting, although unverified, reports from remote sites in Alaska, one from 1999 (Burton and Smith 2001), makes this possibility intriguing. Some Gray Herons may actually have made it here without being identified.



ARTHUR MORRIS/BIRDS AS ART

Figure 2. Note the very long neck and deep, heavy bill on this adult Great Blue Heron photographed in Venice, Florida, in January 1995. These structural features are very useful for eliminating Gray Heron in any plumage. The vinous neck sides and obvious cinnamon on the bend of the wing also eliminate Gray Heron. In peak-breeding plumage, adult Great Blue Herons show extensive pinkish on the legs and an orange bill that becomes yellower toward the tip. The lores are mostly bright blue except for a small section at the base of the bill, where they are yellow or orange. Gray Herons have a passing resemblance to Great Blue Herons *Ardea herodias*, and it is possible that earlier occurrences have been overlooked. The separation of these two species has been covered in a European context by Gantlett (1998) and Clarke (1999). The information from these articles was summarized for a North American context by Shanahan (2001). In this article, we touch on the basic ID issues and address several additional identification features and pitfalls that do not appear to have been previously published.

Subspecies Terminology

Both Great Blue and Gray Herons have a number of subspecies. Observers should consider the two subspecies of Gray Heron that are most likely to occur here: A. c. cinerea, widespread in Europe through central Asia to northeastern China and the Russian Far East, and A. c. jouyi of southern Asia, north to Korea and Japan (Payne 1979, Hancock and Kushlan 1984, Brazil 1991, Yoon 1987). When discussing the different forms of Great Blue Heron, for simplicity we follow the taxonomy of Payne (1979) that lumps all North American forms into nominate A.h. herodias, except for A.h. fannini and A. h. occidentalis.

Summary of Published Identification Criteria

Birders unfamiliar with previously published material on the separation of these species may benefit from this summary of field marks, also well illustrated in many of the photos here (especially Figures 2, 4, and 6). Gray Herons of all ages usually can be easily distinguished by a combination of structural and plumage features. Gray Herons average 50 percent smaller in bulk (although there is some overlap) and have proportionately slimmer bills and shorter necks and legs. Their plumage is generally paler, especially on the neck, and they show white or whitish, as opposed to cinnamon or rufous, on the tibia ("thigh") feathering, marginal wing coverts, and carpal region.

Separation of immature birds is more difficult than that of adults. Juvenile and Basic I Gray Herons can show a faint suffusion of cinnamon on the neck, the edges of the wing coverts and even in the white carpal patches as well. However, in immature Great Blue Herons the cinnamon tones are typically much stronger and the dark throat-streaking is finer and denser. Compare, for example, Figure 10 with Figures 11, 12, and 13.

Variation Due to Age and Wear

The main identification pitfall is the occurrence of Great Blue Herons that lack rufous on the thighs or carpal region. This issue was raised by Clarke (1999) when discussing the occurrence of an apparent Great Blue Heron in the Canary Islands. Shanahan (2001) stated that this bird was an adult. However, we are unconvinced by this ID since the Canary Islands bird shows a rather extensive cinnamon wash throughout the coverts. We think that this bird was most probably in or molting to Basic II, although the extent of cinnamon is still unusual.

In our experience, Great Blue Herons that lack rufous thighs or carpal patches are immature birds. We have observed both Basic I and apparent Basic II birds that are lacking in rufous coloration in these feathers, and some with conspicuously white carpal "headlamps" in flight (see Figure 7).

We have observed such birds primarily in spring and summer and believe that this appearance results from a combination of wear and the fact that some immatures attain only relatively weak cinnamon or chestnut coloration on the tibia and marginal coverts. It should be noted that the breeding season of Great Blue Herons varies greatly across North America, and, especially along the Gulf Coast or Florida, worn immature plumage might well occur at other times of the year.

While structural differences and vocalizations provide the most reliable means for correctly identifying such individuals, we will discuss several additional supportive characters that also can be used.

Geographical Variation in Upperpart Coloration

Great Blue Herons are said to have slightly darker gray upperparts, compared to Gray Herons. While this is true, upperpart coloration varies depending on the subspecies. It is important to be aware that the intraspecific variation in Great Blue Heron is considerably greater than the difference between herodias Great Blue Herons and Gray Heron. This variation is well illustrated in Figure 8, showing the Pacific NW A. h. fannini (resident largely coastally from SE Alaska to Washington state) as strikingly darker on the back and neck than the widespread A. h. herodias, which is quite similar to nominate Gray Heron. Therefore, any obviously paler birds seen in the range of fannini are much more likely to be nominate Great Blue Herons than vagrant Gray Herons.

Conversely, at the opposite end of the continent, in southern Florida, most researchers view A. h. occidentalis Great White Heron as a localized pale color-morph, but others regard it as a possible distinct species (Palmer 1962, Robertson 1978, Butler 1992). In either case, some of the intergrade or intermediate forms resemble typical Great Blue Herons with slightly paler plumage and bare-part coloration. Such birds might be very similar to Gray Herons, although they would typically be separable on size and structure, especially since birds of the southeastern populations of Great Blue Heron are the largest.



DAVID TIPLING/WINDRUSH PHOTOS

Figure 3. The virtually white neck-sides on this adult Gray Heron easily eliminate Great Blue Heron. This is a good illustration of the typical bi-colored loral pattern—all dark by the eye but all yellow at the bill base. The photo is from Kent, England.

Bare-part Coloration

Although incorrectly portrayed in some North American field guides, bare-part coloration appears to be a useful field mark. Due to variation, however, it should be regarded only as supportive. In non-breeding condition, most Gray Herons show paler legs and lores than Great Blue Herons do. Because bare-part coloration changes when both species are in breeding condition, birders must consider bare-pare coloration in both non-breeding and breeding conditions.

The color of the maxilla (upper bill) provides a simple way to check whether a Great Blue Heron is in nonbreeding condition. Although Gantlett (1998) and Shanahan (2001) state that a dark maxilla is useful for aging birds as immatures, our observations indicate that adult Great Blue Herons acquire a largely dark maxilla outside of the breeding season. We suspect that this may be true of Gray Herons also but have not verified this. Immatures of both species have the maxilla extensively dark and the mandible (lower bill) largely yellow.

In non-breeding condition, the majority of both adult and immature Great Blue Herons typically show dark legs that become pale-to-dull pink or yellowish on the upper tibio-tarsal, creating a two-toned appearance. They also show yellow soles, which are conspicuous on flying birds. When closely observed, some of these birds may show paler coloration on the 'knees' (the tibio-tarsal joints) and elsewhere when observed closely, but even on these birds the typical impression at any distance is of a dark lower leg. A small minority of Great Blue Herons have extensively gravish, yellowish, or pale-to-dull pink-toned legs that are similar to those of Grav Herons. A few immature Great Blue Herons (and possibly some non-breeding adults) appear to have entirely dark legs and soles (pers. obs.).

A minority of Gray Herons of both races, most commonly immatures, show leg coloration that is quite simi-

gray vs. great blue herons



IAN McLAREN

Figure 4. An adult Gray Heron, such as this individual photographed in August 1996 in Amsterdam, The Netherlands, can be easily identified by lack of cinnamon plumage tones, pale gray wash to neck, shorter legs and neck, and less-massive bill. Note the pale greenishgray tones to much of the legs and the color pattern on the lores. By the eye, the lores are entirely dark, but by the bill base, entirely pale yellow.



IAN McLAREN

Figure 5. Note the extensively pale legs on this adult Gray Heron, photographed in August 1996 in Amsterdam, The Netherlands. The small percentage of non-breeding Great Blue Herons with paler legs tend to show more warmer pinkish or yellow tones, unlike the washed-out grayish color of this bird.

lar in appearance to that of a typical Great Blue Heron. However, most adult and immature Gray Herons usually do not show mostly dark legs when viewed well. In European birds, the legs vary from a dull pale pinkishbrown to greenish-gray. Although the upper part of the leg tends be a bit paler, on most individuals paler pinkish coloration is typically evident below the 'knee'. East Asian birds often show yellower legs with some birds showing extensive yellow reaching down toward the 'ankles'.

Another useful bare-part difference is the pattern of dark and yellowish skin on the lores. The great majority of adult and immature Great Blue Herons show largely dark lores that enclose a pale yellowish spot of variable size. Although this spot is usually near the bill base, it can extend back toward the eye. This yellowish spot occupies about 20 to 40 percent of the total loral area and is often rather narrow in shape. It typically meets the bill base in a narrow point. A small percentage of birds show entirely dark lores.

Some immature and non-breeding adult Gray Herons show a pattern similar to that of Great Blue Heron, with all dark lores enclosing a yellow spot, although this yellow spot is larger than on a typical Great Blue Heron. The majority of Gray Herons of all plumages show more extensively pale yellow lores, with typically 30-80 percent of the loral area yellowish. The distribution of color in the lores is different, too, with Gray Herons usually showing two-tone lores that are all dark closest to the eye but all yellow closest to the bill base. Even birds with mostly dark lores usually have the lores largely yellow at the point where they meet the bill, differing from most Great Blue Herons.

We believe that the loral pattern is a more consistently useful bare-part difference than leg color, although there is still considerable overlap. We have yet to observe an immature or non-breeding adult Great Blue Heron that shows a loral pattern like that of typical Gray Heron. However, adult Great Blue Herons close to attaining peak breeding color often show a twotone pattern similar to that of a Gray Heron.

Soft parts of both species exhibit similar developmental and seasonal variations. In particular, birds in 'peakbreeding' condition, attained for a short period immediately before egglaying, have much brighter bare-part coloration. In this condition, Great Blue Herons often acquire vermillion or reddish-orange tones to much of the bill and legs. The intensity of this color may be regionally variable, as Butler (1992) did not observe this in British Columbia. Although orange or reddish tones to the bill are present for only a short time, adults of both species show largely yellow bills for several months during the breeding season. The color of loral skin in peak breeding condition is described in various sources (e.g., Meyerriecks, 1960) as lime-green. This is not true of birds in Florida, which show ultramarine blue loral skin in peak breeding plumage (Rich Paul, pers. comm.). Our own observations of birds in California and Nova Scotia indicate that the typical loral coloration is a medium blue or blue-green, similar to what we have seen in photographs of Florida birds. In peak breeding condition, Gray Herons can acquire completely pink or vermillion coloration to the bill, lores, and legs and appear quite distinct from Great Blue Herons. However, it is unlikely that a vagrant Gray Heron would exhibit such barepart coloration.

Juvenal and Basic I Crown Coloration

A distinguishing feature found to be useful on first-year Gray and Great Blue Herons observed in Barbados by Ed Messiah is crown coloration (see Figure 9). Juvenile and Basic I Great Blue Herons often show a distinct blackish cap that covers the forehead and crown, reaching down to the midpoint on the eye. In contrast, in juve-



KEVIN T. KARLSON

Figure 6. This bird, an adult Great Blue Heron in non-breeding condition, is easily identified by the cinnamon on the thighs and the bend of the wing, dark neck sides, deep, heavy bill, long legs, and strong S-curve of the retracted neck. This bird illustrates the typical bare-part coloration. The lores are mostly dark, with the dark color encompassing a narrow strip of pale yellow. Note the typical two-tone leg pattern with pink tibia contrasting with dark tarsi. This bird was photographed at Everglades National Park, Florida, in January 2001.

gray vs. great blue herons



Figure 7. This Great Blue Heron in flight over Sable Island, Nova Scotia, in June 1992 lacked obvious cinnamon tones and showed an obviously white 'headlamp' on the wing, similar to that on a Gray Heron.



Jon King from specimens at the Museum of Vertebrate Zoology at Berkeley.



Figure 9.

A useful distinction between first-year Great Blue and Gray Herons is the darkness of the crown. Although variable, Great Blue Herons (top bird) often show extensive black caps. Gray Herons of the race *cinerea* (middle bird) usually show medium to dark gray caps. Gray Herons of the race *jouyi* (bottom bird) have rather pale gray crowns that are strikingly different from those of either Gray Herons of the race *cinerea* or Great Blue Herons. This illustration was drawn by Barry W. Van Dusen, after having examined photos provided by Jon King from specimens at the Museum of Vertebrate Zoology at Berkeley.

BARRY W. VAN DUSEN

nile nominate Gray Herons, the darkcapped appearance is less well-defined because only the center of the crown and crest are black, with the forehead, lores, and superciliary area being medium-dark gray. In juveniles of the race *jouyi*, the crown, lores, and superciliary areas are pale gray.

We have observed some Basic I Great Blue Herons with rather pale crowns (see Figure 14), possibly acquired as they molt into Basic II, where the head pattern becomes much more adult-like. In addition, there seems to be variation in nominate Gray Heron, with some birds showing darker crowns than others. We believe, therefore, that this feature should be regarded as supportive, pending further investigation.

Vocalizations

The typical call notes of the two species are diagnostic, although it is difficult to articulate these sounds in print. Observers should be sure that they are thoroughly familiar with Great Blue Heron calls. To our ears, Gray Heron has a rasping yearth, with the note becoming more guttural toward the end. This note has a slightly disyllabic sound. Great Blue Heron has a deeper *rrak*, more guttural throughout. At least in California, Great Blue Herons also have a guttural, drawn out ar-r-r-g-g, sometimes combined with the first call into a three-note rrak - arr-r-g-g - ar-r-r-g-g.

Acknowledgments

We thank Max Berlijn for providing information on Gray Heron leg coloration from Holland, Ed Messiah for sharing his experience of comparing Gray and Great Blue Herons on Barbados, and Jon King for his observation of Gray Herons in both Europe and East Asia. James Kushlan kindly supplied helpful suggestions. Anthony McGeehan furnished an analysis of his experiences with both species. We acknowledge Rich Paul, who provided



DAVID TIPLING/WINDRUSH PHOTOS

Figure 11. The obvious structural differences separate this immature Gray Heron from even the most cinnamon-less immature Great Blue Heron. Note the gray cap, bi-colored loral pattern—all dark by the eye but all yellow at the bill base—and pale legs. This bird was photographed in August 1997 in Finland.

Figure 10. In addition to the characteristic long neck and deep bill, note the relatively short messy-looking neckstreaking on this immature Great Blue Heron, photographed at Lake Apopka, Florida, in June 1999. Note the extensive black cap. In this individual the cinnamon tones on the thighs and carpal area are fairly washed out although still obvious. The lores have more pale yellow than most Great Blue Herons, but note the long narrow shape of the yellow patch largely enclosed in black.



ARTHUR MORRIS/BIRDS AS ART

gray vs. great blue herons



DAVID TIPLING/WINDRUSH PHOTOS

Figure 12. The cap on this immature Gray Heron is rather dark gray and approaches the typical appearance of Great Blue Heron. However, in addition to the lack of any obvious cinnamon tones, note the very extensive yellow on the lores. It is hard to imagine a Great Blue Heron in any posture resembling the night-heron-like *jizz* of the bird in this photo, taken in August 1987 in Kent, England.



DAVID TIPLING/WINDRUSH PHOTOS

Figure 13. This immature Gray Heron can be easily identified by structure and lack of any cinnamon tones. Note the gray cap and the bi-colored loral pattern—all dark by the eye but all yellow at the bill base. Although the legs are darker on this individual, it lacks an obvious contrast between a cinnamon or yellow upper leg and dark lower leg. This bird was photographed in August 1993 in Kent, England.

extensive information on Great Blue Herons bare-part coloration and variation in the Florida populations, Carla Cicero, who arranged access to the Museum of Vertebrate Zoology collection, and Mark Adams, who arranged access to the British Museum of Natural History collection.

Literature Cited

- Brazil, M. 1991. *The Birds of Japan*. Smithsonian Inst. Press.
- Butler, R.W. 1992. The Great Blue Heron. The Birds of North America. No. 25.
- Burton, K.M., and Smith S. D. 2001 First Report of the Gray Heron in the United States. *Western Birds* 32: 88.90.
- Clarke, T. 1999. The Great Blue Heron on Tenerife. *Birding World* 12: 158–161
- Gantlett, S. 1998. Identification of Great Blue Heron and Grey Heron. *Birding World* 11: 12–20
- Hancock, J., and J. Kushlan. 1984. The Herons Handbook. Harper and Row.
- Meyerriecks, A.J. 1960. Comparative breeding behavior of four species of North American Herons. *Publ. Nuttall Ornithol. Club*, No. 2.
- Palmer, R.P. 1963. Handbook of North American birds, Vol. 1. Loons through Flamingos. Yale University Press, New Haven, Connecticut.
- Payne, R.B. 1979. Ardeidae. Pp. 193–244 in E. Mayr and G.W. Cottrell, eds. *Checklist of the Birds of the World*. Mus. Comp. Zoology, Cambridge, Massachusetts.
- Petersen, W. 2000. The Next New ABA-Area Birds: Northeastern North America—Newfoundland and Labrador to Delaware Bay. *Birding*. 32:418–426.
- Raffaele, H., J. Wiley, O. Garrido, A. Keith, and J. Raffaele. 1998. *A Guide to the Birds of the West Indies*. Princeton University Press.
- Robertson, W.B. Jr. 1978. Florida Great White Heron. Pp. 69–72, in H.W. Kale II. (ed.) Rare and Endangered Biota of Florida. Vol.
 2. Birds. Florida Committee on



Figure 14. An immature Great Blue Heron, such as this bird photographed at Everglades National Park, Florida, in January 2001, can exhibit some of the variation in the features discussed in this article. This bird lacks a dark cap, possibly as a result of molt, and shows strong pale coloration in the tarsi. However, the heavy, longnecked structure is typical of Great Blue, as is the loral pattern, with a narrow pale yellow strip enclosed in dark colors.

KEVIN T. KARLSON

Figure 15. Here is a good illustration of the typical loral pattern on an immature Great Blue Heron. A narrow pale yellow strip meets the bill but is otherwise entirely enclosed in dark. The long neck and deep bill also eliminate Gray Heron. The cap on this individual, photographed at Merritt Island National Wildlife Refuge, Florida, in January 2000, is no darker than on some Gray Herons.

Rare and Endangered Plants and Animals. University Presses of Florida, Gainesville.

- Shanahan, D. 2001. The Gray Heron: A Vagrant Among Us? *Birders Journal* 9:294–301.
- Tobish, T.G. 2000. The Next New ABA-Area Birds: Western Alaska. *Birding* 32:498–505.
- Yoon, Moo-boo. 1987. A New Checklist of Korean Birds. *****



ARTHUR MORRIS/BIRDS AS ART

Cheesemans' Ecology Safaris

Brazil's Best Parks August 6–31, 2002

Limit of 10 people with Doug Trent, the most experienced bird guide in Brazil, and Gail & Doug Cheeseman

Birds of New Zealand November 8– December 3, 2002

For 10 people at a great time of year with expert resident guides, Karen Baird & Chris Gaskin

Falklands, South Georgia, Tierra del Fuego & Antarctica December 27, 2002 – January 24, 2003 Call for space availability!

and December 27, 2003 – January 24, 2004

Non-smoking expedition on the beautiful "Polar Star".

Also join us to Svalbard for birding in the Norwegian Arctic, June 2003, and with Terry Stevenson to Madagascar in August, 2003.



20800 Kittredge Road, Saratoga, CA 95070

800-527-5330 www.cheesemans.com